

Home Health PT is often prescribed after surgeries such as joint replacements and medical conditions (e.g. stroke). Other conditions make you eligible for home care as well. The following quiz will help determine if your family member would benefit from home health PT.

### **1) Experience the following?**

- High levels of pain
- Recent fall(s)
- Diagnosed with a neurological condition
- Noted decline functioning in the home
- Impaired cognition or forgetfulness
- Diagnosed with COPD or heart failure
- Difficulties maintaining independence after previous home care has been discontinued
  - Balance difficulties
  - Weakness or decreased stamina
  - Struggles performing bathing, dressing, personal hygiene
- Challenges getting up from a chair, getting in/out of bed, walking from one location to another
- Difficulties/Inability preparing meals, housework, and/or grocery shopping

**IF YOU CHECKED ONE OR MORE OF THE ABOVE, GO TO QUESTION 2. IF NO ITEMS ARE CHECKED, HOME CARE IS NOT INDICATED.**

### **2) Are any of the following true?**

- Have difficulty leaving your home without help (cane, walker, wheelchair, or help from another person)
- Normally unable to leave home, and when doing so, requires major effort
- Leaving your home isn't advised because of your condition

**IF YOU CHECKED ONE OR MORE OF THE ABOVE, SKILLED HOME HEALTH PT IS RECOMMENDED. SPEAK WITH YOUR PHYSICIAN REGARDING THE RESULTS OF THIS SCREENING.**